



Imagine being as outrageously yourself as you can possibly be...in recovery

Imagine laughing more and loving more, pursuing your own dream...

Imagine letting go of all your excuses to not feel good...and be in recovery

Imagine giving up all addictions and habits that deny your feelings...

Saturday, October 9th 2010

9:00 AM to 5:00 PM

Sunday October 10th, 2010

9:00 AM to 3:00 PM

\$425.00

Presented By

M Theodora Carroll Ph.D. LMHC CEDS

H. Theresa Wright, MS, RD, LDN

- If being who you want to be seems unimaginable, this workshop will help you to "re-author" your past stories and use them to transform your life.
- The "stories" you tell yourself about your past shape your present and future life. You will identify "stories" - defining moments, relationships, turning points- that shape how you see yourself today. Through didactic, structured and expressive exercises you will be nurtured, supported and inspired to create your new story in recovery, full of your intentions, hopes, commitments, values, desires and dreams.
- These "stories" and how you "rewrite" them in this workshop will be the building blocks for future experience and a life in recovery.

PRESENTED AT:: The Renaissance Nutrition Center, Inc.  
2500 DeKalb Pike, Suite 200 East Norriton, PA 19401

For Reservations Call: 610-275-3699

Space is limited to 12 people, so register early.  
Lunch will be served on Saturday and Sunday.



**ImAGIne**  
 de-constructive form of a mental image of something not present

**My Body**  
 Imagine being as carefree as you possibly be... in recovery  
 Imagine laughing more and loving more, pursuing your own dream...

**AGET**  
 Imagine letting go of all your excesses to not feel good... and be in recovery  
 Imagine giving up all addictions and habits that deny your feelings...

**INTIMACY**  
 Saturday - October 9th, 2010  
 9:00 AM to 9:00 PM

**ME**  
 Sunday October 10th, 2010  
 9:00 AM to 3:00 PM  
 \$25.00

**ABUNDANCE**  
 Presented By:  
 M. Thodoros Casarolis, Ph.D. LMHC CEDS  
 H. Theresa Wright, MS, RD, LDN

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  - These "stories" and how you "rewrite" them in this workshop will be the building blocks for future experiences and a life in recovery.
- PRESENTED AT: The Renaissance Hotel/Casino Center, Inc.  
 2300 Michigan Avenue, Suite 200, East Riverfront, MI 48207  
 For Reservations Call: 410 275 7400  
 Space is limited to 25 people, no register mark.  
 Lunch will be served on Saturday and Sunday.